



Pyramid Pages

News & Tools for Parents & Early Childhood Providers

Social-emotional learning and development is fundamental to children's success in school and beyond, and its importance is understood now more than ever. The Pyramid Model promotes young children's healthy social and emotional development; and provides tools, strategies, and resources for caregivers and families.

Topic: WHINING

News

For children, whining can be a quick way to get an adult's attention. Children whine when they feel overwhelmed by an emotion or desire and do not have the vocabulary to express their feelings or when they do not have the skills to complete a task. They may also feel tired, hungry, powerless, or lonely. Simply put, children whine to ask for help.

You can help a child figure out WHY they are whining and find a better way for them to communicate in this issue's Backpack series.



Click to Read:

[Addressing behavior – How to Help Your Child Stop Whining](#)

Tools

When you give into whining for candy at the check-out counter, you are teaching the child that whining behavior is working and should be used again. Instead, you can teach a child to use words or pictures to tell you about feelings.

Find lots of ideas on teaching some new skills in this article.



Click to Read:

[Teaching Your Child to Cooperate with Requests](#)

Resources

- ECCP **ideas** for mixed age grouping: [Supporting Family Daycare Providers: Managing Mixed Age Groups](#)
- **Teach** children some emotion sign language: [Feelings | Signing | Time Two Little Hands TV](#)
- **Teaching** children feelings at circle time: [Circle Time Family Child Care Home - Feelings](#)
- **For more information on the CT Pyramid Partnership**, email us at CTPyramid@gmail.com.